

7-22-99

Jane Henney, MD.
Commissioner
Food & Drug Administration
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Francis R. Palmer Jr.
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To Whom It May Concern:

I would like the FDA to approve the following claims, for Saw Palmetto, psyllium husk seeds, Folic Acid, Vit B 6 and B12 and Vit. E.

I have been using Saw Palmetto for BPH, and before that, I took proscar, and then Cardura. Proscar was terribly expensive, and, didn't work very well, Cardura worked better than Proscar, but, Saw Palmetto, works, by far, the best.

I have used psyllium, folic acid, Vit B6 and B-12 and Vit E. I am a diabetic, for the past 5 years, and, I had > 300 Cholesterol and > 1600 Triglycerides. I had a test for my arteries, and, no blockages were found, my eyes also show no problems, although, I have High Blood sugars, which is very difficult to get lower than 160, I am taking 50 U Insulin and 5 mg Glyburide. Believe me, when I say, I am feeling better with each passing year! Please make it possible for the general public to know all the information on supplements, give all our citizens the knowledge, that, they need for Better Health! The Dark Ages for nutrition and supplements is finished!!

PPR-3029

Thank you
Francis R. Palmer Jr.

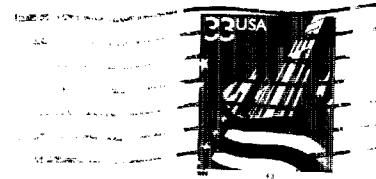
C:74
P.S. My wife (60) is feeling better too!

CROSS FILE SHEET

File Number: 99P-3029/c76

See File Number: 99P-3030/c76

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